

Whole Again

Fri 5 March

Getting Started...

1. Enter your details in the FREE lucky door prize draw
2. Purchase raffle tickets for \$2. Raffle will be drawn at 4:30pm on Friday 5 March (you do not need to be present)
3. Book your natural therapy treatments as there are limited places.
4. Plan your day using the timetable on the reverse of this page or just wander around and discover Logan for yourself
5. Food will be available for purchase throughout the day. (see map)
6. Enjoy!!



Logan Women's Health
and Wellbeing Centre



what women want

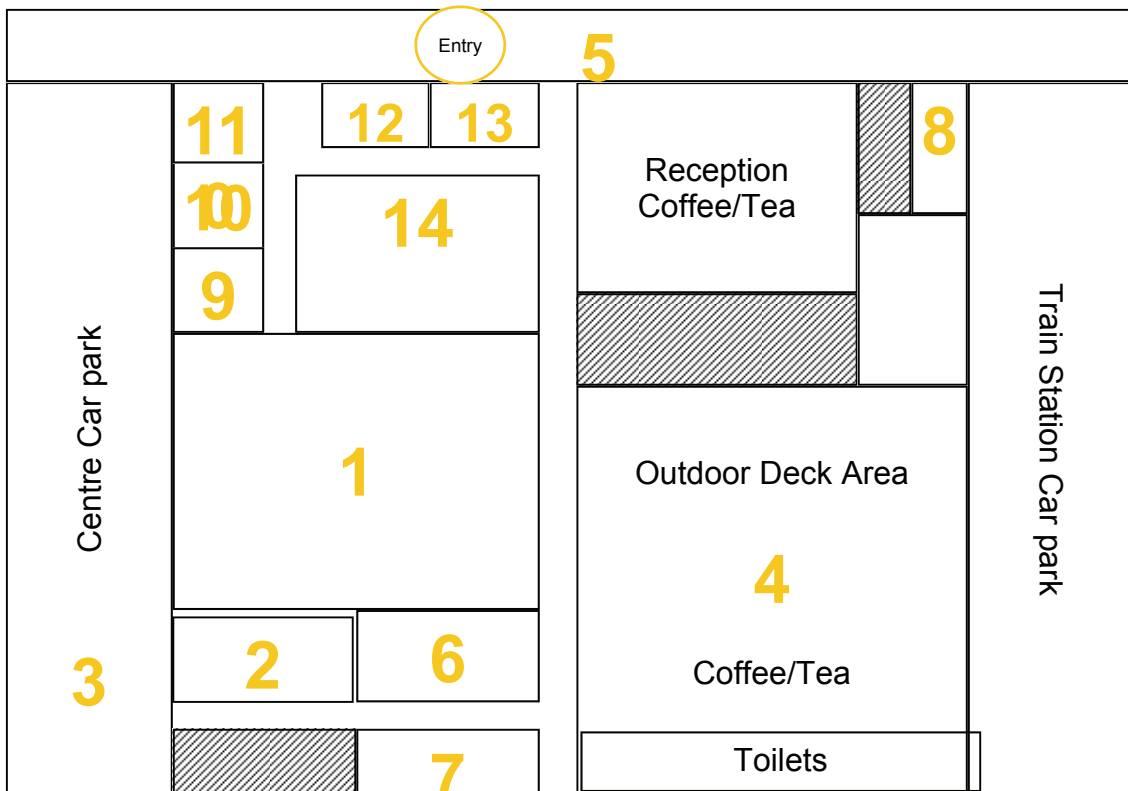
Discovers it in Logan



SPRINGWOOD

What's On?

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | |
|-------------|---|--|-----------------------|--------------------------------|--|---|-------------------|------------------------------|
| 9am - 10am | Carers Queensland and CALD Presentation | Tasty Fresh Food Freshly catered food available | Flower Arranging | African Braiding and Fashion | 10am - 12pm: make up and Facials Avon Display Coffee Club Coffee Cart | How to access Government Services and medical products if you are a Carer | | |
| 10am - 11am | | | | | | | | Energy Field Drawings |
| 11am - 12pm | | | Henna Tatooing | Henna Tatooing | | | | |
| 12pm - 1pm | How to access Government Services and medical products if you are a Carer | | | | | Singing Performance | Lomi Lomi Massage | |
| 1pm - 2pm | | | personal self imaging | African Braiding and Fashion | | | | Skin Care and Mineral Makeup |
| 2pm - 3pm | Henna Tatooing | | | | | | | |
| 3pm - 4pm | | | | | | Wine and Cheese Cocktail Party | Henna Tatooing | |
| 4pm - 5pm | Ebony Rose | | | | | | | |
| 5pm - 6pm | | | | Wine and Cheese Cocktail Party | | | | |
| 6pm - 7pm | | | | | | | | |



What's On?

| | 8 | 9 | 10 | 11 | 12 | 13 | 14 |
|-------------|-------------|----------------------------------|------------------|----------------|-------------------|-------|---------------------------------------|
| 9am - 10am | | | | | | | |
| 10am - 11am | Reflexology | Massage | Kinesiology | Acupuncture | Kinesiology Reiki | Reiki | 'Style It Up' Salon Nail Manicures |
| 11am - 12am | | | | | | | |
| 12am - 1pm | | Massage and Theta | | | | | |
| 1pm - 2pm | | | | Naturopathy | | | |
| 2pm - 3pm | | Aromatherapy Massage and Facials | IPL Hair Removal | Send Out Cards | | | |
| 3pm - 4pm | | | | | | | |
| 4pm - 5pm | | | | | | | |
| 5pm - 6pm | | | | | | | |
| 6pm - 7pm | | | | | | | |

